



SCULPTRA PRE & POST TREATMENT INFORMATION

Pre -Treatment

Avoid any aspirin, blood thinners, fish oil, heavy alcohol, or any supplement that may thin your blood for 24 hours before your treatment. These may increase your risk of bruising and discoloration following treatment. You may also reduce your risk of bruising by taking oral ARNICA pills that Rejuvenations has for sale. The first pill is taken AFTER your injection.

- When Sculptra is first injected, you may notice an immediate plumping effect which gives the appearance of a full correction by the end of the treatment session.
- The original skin depression(s) may initially reappear, but the depression should gradually improve within several weeks as the treatment effect of Sculptra occurs. Sculptra Aesthetic is different because it gradually and subtly corrects. Sculptra Aesthetic may stimulate collagen growth which helps to restore facial volume and the look of fullness to wrinkles and folds over time. The day after the treatment it will appear that the filler is no longer present, but as time goes you will begin to see the result of Sculptra.

Here are 3 simple things to do after each session:

GIVE YOURSELF FACIAL MASSAGES

1 Thoroughly massage the treated area in a circular fashion for 5 minutes, 5x / day for 5 days OR 2 minutes, 2x / day for two weeks after each treatment. This helps to evenly distribute Sculptra and promote a natural-looking correction.

2 AVOID EXCESS SUNLIGHT AND UV EXPOSURE

Minimize exposure of the treated area to excessive sun and avoid ultraviolet lamp exposure until any initial swelling and redness have disappeared.

3 CAREFULLY CONSIDER OTHER PROCEDURES

If you have laser treatment, chemical peeling or any other skin procedure based on active dermal response after treatment, there is a possible risk of eliciting an inflammatory reaction at the implant site. Please avoid these procedures for at least seven days after you are treated with Sculptra. This also applies if Sculptra is administered before the skin has healed completely after these procedures.

On average, three injection sessions are needed over a period of a few months. After you reach your treatment goals with Sculptra, it is advised you maintain your results with 1-2 Sculptra treatments every year. It is important that you understand that Sculptra aids in the production of collagen, therefore you must commit to maintenance for best results. Maintenance will prolong your investment and keep your skin looking its best.

EMERGENCY INFORMATION

During our normal workday - Please call the office at 781-1201 if you experience significant pain, redness, or blistering (uneven reddened or discolored patches on the skin). It is not normal to have moderate to severe pain or blanching of the skin or lacy weblike bruising. If you observe these things call us immediately.

Weekends/After Hours - If this is after 5pm or over the weekend, please email BOTH our Managing Owner, Amy Powers Estes, at amy@rejuvenationsmedicalspa.com and our Senior Nurse Injector, Kim Vella at Kim@rejuvenationsmedicalspa.com and they will be in touch with you upon receipt.. You can also call 803-781-1201 and use option 2 to leave a message for Amy Powers, Managing Owner – and an automatic transcribed message will be sent to her. She will be in touch with you upon receipt.