



Pre & Post Care for Tattoo Removal

Before your treatment

- **IMPORTANT- USE OF ANTIBIOTICS - Before each treatment, please inform us if you are taking any new antibiotics or medications, (or have a change in health history) as they may make your skin photosensitive and likely to burn or blister. If this is the case, we may not be able to treat you for one to two weeks after completion of the medication.**
- Do not wear makeup on the day of treatment on the treatment area.
- No sun-tanning or self-tanners 4 weeks prior to treatment on the treatment area. This includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.).
- History of herpes or cold sores may require an anti-viral prescription prior to treatment.

After your treatment

- Avoid sun exposure on the treated area for 2 to 4 weeks following treatment and use a broad spectrum (UVA/UVB) sunscreen.
- Avoid skin irritants on the treated area (products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic Acids, astringents, etc.) until the skin is fully healed and all crusting has resolved.

PATIENT WOUND CARE INSTRUCTIONS

- Dressing should be changed once a day or after a shower in the first three days of treatment.
- Prior to removing the dressing, wash hands with soap and water, then carefully remove the dressing, gently cleanse the wound with soap and water and pat dry with a clean towel.
- Apply Aquafor® or simple petroleum and cover with a large band-aid or non-stick gauze dressing and make sure the bandage is not too tight.
- Some patients may require help of another person to reach treatment area on back.
- Try not to bump or stretch treated tattoo.
- Scabbing over the treatment area is expected and may last 7 to 14 days.
- Do not pick scabs and avoid scrubbing the treated area when bathing.
- Do not unroof blisters if they occur. Contact our office if blisters are uncomfortable.
- Only non-aspirin over-the-counter pain medicine such as acetaminophen should be taken for discomfort after the laser treatment.

Emergency Information

Contact our office if any of the following occur: Bleeding that soaks the dressing or bleeding that happens after the first 24 hours, increased redness or swelling, or uncomfortable blisters, yellowish or greenish drainage coming out of the wound, persistent pain that last more than 24 hours, fever. Please contact Rejuvenations Medical Spa at 803-781-1201 during regular business hours if there are any questions or concerns with your treatment. For after hours or weekend, if you are concerned about anything you consider significant (non-medical) about your treatment, please call 803-781-1201. When voice prompted, SELECT OPTION TWO to leave a voicemail for Amy Powers Estes, the Managing Owner. She will be notified with an automatic transcribed message and will contact you upon receipt.