

Pearl, Pearl Fractional, & Pearl Fusion Post Treatment Instructions

What to expect

- Oozing may occur for the first 24 hours (for Pearl Fusion and Fractional only, this does not apply to the Pearl Resurfacing). You may notice small red/brown spots on your skin which may turn darker, but will disappear as the skin begins to heal.
- Swelling may occur and usually resolves in 2-4 days.
- Redness is a normal and expected reaction and will resolve with time.
- It is normal for skin to feel “sunburned” and/or tight.

General Instructions

Apply a thin layer of Aquaphor Healing Ointment or plain Vaseline to treated area.

- Always thoroughly wash hands before touching treated areas
- Re-apply frequently as needed to maintain a continuous layer on your skin. Sleeping on 2 pillows with your head elevated is helpful.
- Avoid touching the treated area unless necessary (vinegar soaks). Do not pick the treated area but allow skin to heal on its own.
- You may shower, but keep soaps and hair products from coming in contact with the treated area and do a vinegar soak after the shower, followed by ointment.
- If you experience itching, an over the counter antihistamine such as Benadryl (diphenhydramine) may be helpful.
- Ibuprofen or acetaminophen may be used if needed.
- Make-up may be worn after the majority of treated skin has healed, usually within 4 to 7 days. After Day 3 we recommend Oxygenetix makeup that contains healing agents.
- It is **very important** to use sunscreen with a SPF of 20 or greater when your clinician says your skin is ready. This helps prevent post inflammatory hyperpigmentation (darker areas).

Vinegar Soaks

Soak the treated skin with a plain white vinegar solution at least 4-8 times each day.

- You can't soak too much. Soaking reduces redness and speeds healing.
- Do not pick, rub, scrub or irritate your skin while it is healing. To make the vinegar solution mix 1 teaspoon of plain white vinegar to 2 cups of water. Solution may be mixed up ahead of time and kept in the refrigerator.
- Dip a clean, soft, cloth into vinegar solution and place the wet cloth against your skin, gently pressing to ensure the vinegar solution wets the skin. Rinse and repeat for 10 to 15 minutes.
- Apply a thin layer of Aquaphor Healing Ointment or plain Vaseline to treated area immediately after soaking. If the skin gets dry or scabs appear, you may need to soak more often and apply more ointment.

Do NOT

- Use any other creams, ointments or products until your care provider indicates it is ok to do so.
- Do not let your skin come in contact with detergents, fabric softeners, or dryer sheets. Fabrics that have been treated with these products may irritate your skin.
- Do not pick, rub, scrub, or irritate your skin while it is healing.



- Do not expose the treated area to the sun (even on cloudy days). Remember, UVA passes through house and car windows. UVA exposure can cause the skin to darken. It is VERY IMPORTANT to use sunscreen daily.

Day One: Treatment Day

Wait 4 hours before starting Vinegar soaks. Your first vinegar soak will remove most of the dried blood and drainage from treatment. Continue to do vinegar soaks every 2-4 hours for the first 24 hours followed by a thin layer of Aquaphor.

Day Two-Three

Wash face with sensitive skin cleanser, vinegar soak, Aquaphor or Avene Cicalfate Cream every 2-4 hours.

Day Four

By this day, you should be able to use the cream given to you by Rejuvenations Medical Spa. At this point continue vinegar soaks as often as you can (the soaks will only encourage healing as well as keep any infection at bay!) Remember to keep your face hydrated with the products given to you by Rejuvenations.

It is important that your skin heals and goes through the process of natural healing: meaning; it is normal to experience edema, redness, itchiness, & peeling

***OTHER PRODUCTS IN YOUR TAKE HOME BAG FROM REJUVENATIONS MAY INCLUDE AVENE THERMAL SPRING WATER SPRAY, SUNSCREEN AND FOUNDATION (CONCEALING) MAKEUP.**

- Avene Thermal Spring Water may be used at any time to soothe and hydrate skin in between Aquaphor applications.
- Makeup may be used on Day 3 and may be mixed with sunscreen to lengthen use.

Emergency Information

Please call Rejuvenations at 803-781-1201 if you experience intense pain, drainage, severe redness, fever, the appearance of a cold sore, blister, tingling or any time you feel that you are not healing normally. **For after hours or weekends**, if you are concerned about anything you consider significant (non-medical) about your treatment, please call 803-781-1201. When voice prompted, SELECT OPTION TWO to leave a voicemail for Amy Powers Estes, the Managing Owner. She will be notified with an automatic transcribed message and will contact you upon receipt.