



LASER HAIR REMOVAL

PRE & POST CARE INSTRUCTIONS

BEFORE your laser treatment:

- **BEFORE EACH TREATMENT, please inform us if you are taking any antibiotics or medications, vitamins or supplements or have a change in health history, as they may make your skin photosensitive; therefore, we may not be able to treat you for one to two weeks after completion of an antibiotic.**
- Use sunscreen daily, sunburned skin cannot be treated.
- Avoid any irritants to your face, such as any products containing Hydroquinone, bleaching creams, Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at least TWO weeks.
- Do not use self-tanning agents for at least TWO weeks before any treatment. If you have used these products, thoroughly cleanse the area with abrasive/exfoliating scrub to remove all product two weeks prior to any treatment.
- Please shave (razor) the area you would like to be treated, one to two days before your treatment. DO NOT pluck or wax for at least ONE month prior to your first treatment, continuing through the course of your treatments. Plucking/waxing removes the target hair. DO NOT bleach or use "Nair"-type products for TWO weeks prior to treatment as this can irritate the skin.
- Please do not wear any makeup, perfume or lotions in the treatment area prior to your treatment.

AFTER your laser treatment:

- If treating the face, please continue using sunscreen daily for the entire treatment period.
- Until initial skin irritation subsides, avoid hot water and anything irritating to the skin. Advil or Motrin can be helpful.
- Avoid any irritants to your face, such as any products containing Retin-A, benzoyl peroxide, glycolic/salicylic acids or astringents for at least 2 days.
- Do not wear tight, constricting clothing in the treated area as irritation can occur and skin cannot cool properly.
- Do not exercise, receive any body treatments, take hot showers, use saunas or hot tubs until skin is back to normal.

EMERGENCY INFORMATION

Please contact Rejuvenations Medical Spa at 803-781-1201 during regular business hours if there are any questions or concerns. During Weekend/After hours, for non-medical emergencies please call 803-781-1201 and when voice prompted, SELECT OPTION TWO to leave a voicemail for Amy Powers Estes, the Managing Owner or email her at amy@rejuvenationsmedicalspsa.com. She will be notified and will contact you upon receipt. For medical emergencies, please call 911.