



EMSCULPT® Pre & Post Treatment Information

Pre- EmSculpt Instructions:

- DO wear comfortable clothing on the day of treatment so that treatment areas can be easily accessed
- DO remove all jewelry and electronic devices prior to treatment.
- Do bring a book or magazine to occupy your time during treatment, or we have a ROKU tv where you may login to your Netflix or Amazon Prime account. **Use of portable electronic devices (example: iPhone/iPad) is not recommended** since proximity to the EMSCULPT applicator may cause damage to delicate electronics.
- DO notify your clinician if you have any metal implants or pacemakers.
- DO notify your clinician if you are pregnant or nursing.
- DO notify your clinician if you have had surgery including a C-Section in the treatment area in the last year

Post- EmSculpt Instructions:

- After the treatment, DO resume normal activities.
- You may experience some soreness in the muscles over the next few days.
- You may feel tenderness in the treated area.
- DO resume a healthy fitness routine, diet, and lifestyle to optimize and maintain your results. Schedule your next session as recommended by your clinician (4 sessions in a 2 week period). We want you to have a fantastic result and maintain your results! There are discounted maintenance treatments available once your package is completed. If you have any questions or unexpected concerns, please call the office at 803-781-1201 during normal business hours for assistance.

We are unable to treat clients if any of the following conditions are present: • cardiac pacemakers • implanted defibrillators, implanted neurostimulators •
electronic implants • pulmonary insufficiency • metal implants • drug pumps • malignant tumor • injured or otherwise impaired muscles • fever •
pregnancy